

Gratitude

CREATING A HEALTHY COMMUNITY. TOGETHER.

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Caring for Sequoia's caregivers

In June, Dignity Health Sequoia Hospital opened its Resilience Room to provide a quiet place for Sequoia's caregivers to relax and recharge. Resiliency among our nurses helps them work within the often stressful healthcare environment, avoid burnout, and provide the finest care they can to our patient community.

The Resilience Room includes an electronic massage chair and music system funded by the Sequoia Hospital Foundation through a special gift from community members Ann and Glenn Cohen. "I have been a patient at Sequoia three times and each time I received very personalized care, exemplary of the 'Human Kindness' referred to in their motto," noted Mr. Cohen. "Twice I feel my life was actually saved by choosing Sequoia. My wife Ann and I wanted to do something for the staff to show our gratefulness, and this is what we chose to do."

In addition to their generous support of the Sequoia Hospital Foundation, Mr. and Mrs. Cohen are both dedicated hospital volunteers working with caregivers throughout the hospital on a weekly basis. They worked closely with the Foundation staff to enable Sequoia's nurses to submit suggestions for items that would be most helpful to their work. At the close of the nomination period, the items selected came together as the hospital's first Resilience Room.





President's Message

Greetings and welcome to the summer edition of Gratitude. It has been a wonderfully productive first ten months with the Sequoia Hospital Foundation. We continue to make great strides toward building our vision through 2030 at the hospital. Over the coming year, you will learn more about how we plan to transform the campus in new and exciting ways that benefit the health of the communities we serve.

This fall we look forward to hosting our first reunion event, a super hero themed birthday party, for Sequoia babies born in 2008. We also will launch our inaugural 1950 Sequoia Society, geared toward those who have made a significant commitment through their estate plan to help transform the hospital in years to come. And, as always, we will host the 34th edition of our golf invitational. We hope you will join us and help us spread the word throughout the community.

Paul W. Richardson, President



Celebrate Sequoia's young heroes

The Sequoia Hospital Foundation is hosting a hero's party for our Sequoia babies turning 10! This free birthday celebration will shine a light on all the children born at Sequoia in 2008 and their families.

Saturday, October 13, 2018

11:00 AM – 2:00 PM

Holbrook - Palmer Park, Atherton

Please join us as we celebrate all of our growing 10 year-olds, encouraging Sequoia's young super heroes to be strong of body, mind and spirit!

This epic party will feature out-of-this world fun and exciting activities. In an effort to strengthen your super powers we will also showcase several of Sequoia Hospital's community Health & Wellness programs.

Interested in attending? Registration is available online at sequoiahospitalfoundation.org/birthdayparty

Launching the 1950 Sequoia Society



The Sequoia Hospital Foundation wants to celebrate you at the inaugural launch of the 1950 Sequoia Society. The 1950 Sequoia Society will recognize those in our community who have graciously remembered Dignity Health Sequoia Hospital and the Sequoia Hospital Foundation in their will and estate plans. In honor of this most generous support, both hospital and Foundation leadership want to thank you in-person and share privately what your giving will make possible in Sequoia's future.

The invitation-only launch of the 1950 Sequoia Society will take place at Sequoia Hospital on October 15, 2018, sixty-eight years to the day after the hospital's original dedication ceremony in 1950. Guests will be treated to a luncheon and presentation in their honor as the new society is launched.

If you have remembered the Sequoia Hospital Foundation in your estate plans, please make sure you tell us at your earliest convenience at (650) 367-5657 or via email at sequoia.foundation@dignityhealth.org so that we may include you in this historic event.

2018 SEQUOIA HOSPITAL FOUNDATION INVITATIONAL GOLF TOURNAMENT

Annual Golf Tournament

The Sequoia Hospital Foundation's 34th Annual Invitational Golf Tournament will take place on September 17, 2018 at Menlo Park's Sharon Heights Golf and Country Club. Tournament co-chairs Beverly Joyce, M.D. and Greg Engel, M.D. invite you to a relaxing day of play among friends, colleagues and community leaders as we raise critical support for Sequoia's award-winning Heart & Vascular Institute.

Whether attending as a golfer, sponsor, volunteer or dinner guest we know you will enjoy the day we have planned. We look forward to sharing the day with you.

Early registration, event details and sponsorship information are currently available online at sequoiahospitalfoundation.org/golftournament.



Meet the Foundation Board: Rob Dean

Rob Dean is the founder and President of Harmony Capital, LLC. Rob joined the Sequoia Hospital Foundation Board of Directors in 2010 and has

served as the board's Secretary and Treasurer as well as the Chair of the Finance Committee.

Prior to founding Harmony Capital, Rob worked with Franklin Templeton Investments, as a Vice President and portfolio manager with Franklin Advisers, Inc., having joined the company in 1995. He holds a business administration degree and CFA from the University of San Diego. Rob and his wife, Trina, have two daughters, both born at Sequoia.

Rob continues a family legacy of leadership at Sequoia. Both his father-in-law and his mother-in-law, Harmon and Sue Burns, served on the Sequoia Hospital Foundation's Board of Directors.

Generosity Remembered

The Sequoia Hospital Foundation recently received a generous \$600,000 gift from the estate of Joseph and Ida Rodondi in support of Dignity Health Sequoia Hospital's award-winning Heart & Vascular Institute. The Rodondi's support will help Sequoia Hospital build on its strong legacy of pioneering cardiac care.

Joseph and Ida Rodondi were treasured members of Sequoia's community. Joseph served in the United States Army during World War II, storming Omaha Beach in Normandy on D-Day. He returned home after the war, married Ida, the love of his life, and worked in the steel industry briefly before becoming a realtor in the family business. The couple was married for 65 years until Joseph's death in 2015. Ida followed in 2017.

Their shared love of Sequoia Hospital inspired their significant legacy gift, something they kept to themselves during their lifetime.



Your giving in action

The Sequoia Hospital Foundation is honored to work with our donor community and our hospital colleagues to transform generous donations into essential support for patient care and programs. At their most recent meeting, the Foundation's Board of Directors voted to provide funding for significant projects including:

- **Sequoia Community Care (SCC)**, a referral-based program, seeks to improve the health of "at risk" patients by ensuring a successful transition from hospital to home after discharge. The program enables older adults to age-in-place and avoid unnecessary re-hospitalizations for chronic conditions.
- **The 3rd Annual Heart and Vascular Symposium** is a world-class forum convening national thought leaders in heart and vascular related fields for continued education, training, and discussion on emerging techniques being performed in centers of excellence across the country.
- **JointPoint** is a navigation system for preoperative and intraoperative analysis and digital templating for orthopedic procedures. The system will help reduce surgical time and fluoroscopy exposure/use while improving surgical decision making that leads to better patient outcomes.

Our Gratitude Newsletter

It is our pleasure to share this quarterly newsletter with you. We invite you to let us know if you would prefer to receive a printed version by mail or an electronic version by email. If, on the other hand, you would prefer NOT to receive our newsletter at all, please feel free to tell us that as well. You may call us at (650) 367-5657 or email us your preference at any time at: sequoia.foundation@dignityhealth.org. Our newsletter is also available on the Foundation's website.

Make a gift to the Sequoia Hospital Foundation Today

Enclosed is my tax-deductible gift of: ☐ \$50 ☐ \$75 ☐ \$100 ☐ \$250 ☐ Other \$ _____

Please make checks payable to **Sequoia Hospital Foundation**. Mail this form and your donation to 170 Alameda de las Pulgas, Redwood City, CA 94062 or give online at sequoiahospitalfoundation.org.

My information: Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Credit card gifts: Please charge my gift to: ☐ Visa ☐ Mastercard ☐ AmEx ☐ Card #: _____

Expiration: _____ CVV: _____ Signature: _____

Designation: Apply my gift to the following: ☐ Birth Center ☐ Cancer/Oncology ☐ Emergency ☐ Interventional GI
☐ Guest House ☐ Health & Wellness Center ☐ Heart & Vascular Institute ☐ Kennett Scholarship Fund
☐ Interventional Radiology ☐ Orthopedic ☐ Greatest Need ☐ Other: _____

My giving options: ☐ I wish to give anonymously. ☐ Please contact me regarding making a planned gift/estate gift.