Sequoia Hospital Foundation

GRATITUDE

Creating a healthy community. Together.

Summer 2016

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SEQUOIA HOSPITAL'S GUEST HOUSE:

Located next door to the hospital, the Sequoia Hospital Guest House is a home away from home for out-of-area (*outside a 50 mile radius*) patients and their families receiving medical care at Sequoia Hospital. Sequoia's Guest House is owned by the Sequoia Hospital Foundation and donations from grateful users and community members fund its maintenance. In 2015, our Guest House provided a healing sanctuary free of charge to 525 out-of-town patients and their families traveling to Sequoia for life-saving care.

"Sequoia's Guest House became my safe, warm, dry harbor during the most turbulent storm of my life. This house not only offers a safe harbor, but emotional support from the other guests. The Sequoia Guest House nurtured me so I could nurture my husband."

Guest, Santa Cruz, CA

Purchased by the Foundation in 1990, Sequoia's Guest House not only impacts those staying there, but helps patients in the hospital feel at ease knowing their family members are close by. Those within our community benefit as well with the reputation of Sequoia's cardiac and surgical programs strengthened by ancillary programs like the Guest House. Our reputation and our award-winning programs help Sequoia attract and retain the finest medical practitioners to serve all of our patients.

PRESIDENT'S MESSAGE:

Welcome to the Sequoia Hospital Foundation's newsletter. We've chosen to name this publication GRATITUDE in celebration of our appreciation for the generosity and humankindess of our Sequoia Hospital community. Each quarter we look forward to sharing news from the Foundation, profiles of our donors, information about our events and stories from throughout Sequoia Hospital. Our goal is to provide you the latest information and to celebrate all that we accomplish as we build a healthy community. Together.

Gail D. Rudolph, M.S., CFRE
President, Sequoia Hospital Foundation

IN THIS ISSUE:

IN THEIR OWN WORDS: A grateful patient's perspective
CELEBRATING SUCCESS: A summary of the Foundation's Boot, Scoot & Boogie event
BOARD MEMBER PROFILE: Learn more about our Foundation leadership

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IN THEIR OWN WORDS: GRATEFUL PATIENT PARAAG MARATHE

I first became involved with Sequoia Hospital with the birth of our daughter, Juniper, who is now nine months old. When we found out that we were going to have a baby we were fortunate enough to meet with Dr. Rydfors who talked with us about Sequoia Hospital. Before Juniper was born my wife and I visited Sequoia to tour the Birth Center and everyone was so nice and so warm. The entire tour was welcoming and just felt great....like going to a friend's house.

Two weeks later we were out at a restaurant when Jen's water broke. We thought, 'ok, this is the time' and we went straight to Sequoia. We were thinking Juniper would be born that night. In fact, Jennifer had sixty-two hours of labor and we spent six days at Sequoia. We walked up and down the halls and just felt like it was our home while we were there.

Dr. Rydfors stayed the first two nights because he thought Juniper was coming but of course she just wasn't ready. We joked about who would be the nurse who helped deliver Juniper because the nurses work on eight or ten hour shifts. We went through Taylor, Annie, Jocelyn, Laurie, Maria, Michelle, Taleen and Taylor. Eventually Annie came back on shift and was our winner. We went through a lot and I've got to tell you, that's why I joined the Foundation's Board and that's why we want to give back. Our entire experience was just something special. Everybody was so welcoming and warm and it just felt so comfortable.

I've been with the San Francisco Forty-Niners for a long time and I've been fortunate enough to be a part of a lot of winning teams. In football terms everybody has good athletes and good coaches but when everything comes together there's something magical about it that you just can't put your finger on. You can feel it though, and you know you want to be a part of it. That's what Jennifer and I felt when we were at Sequoia. It is just something really special.

The nurses that were part of Juniper's birth are like family to us now. Hopefully soon we'll be lucky enough to have another little one, and you know where we'll be going!

UPCOMING FOUNDATION EVENTS:

Throughout the year, the Sequoia Hospital Foundation hosts several events to support our strategic funding campaigns, to recognize our donors and to educate our community regarding hospital and Foundation programs. Some of these events are by invitation only while others are open to the public. If you are interested in attending one of our events or being added to our invitation list, please contact us at (650) 367-5657 or email us at *sequoia.foundation@dignityhealth.org.*

Information about our upcoming events is also available on our website at ww.sequoiahospitalfoundation.org and across our social media platforms.

- **Sequoia Hospital Foundation 32nd Annual Invitational Golf Tournament:** September 12, 2016
- **Dr. William Kennett Memorial Nursing Scholarship Reception:** September 27, 2016
- **Donor Appreciation Event:** October 13, 2016
- **Boot, Scoot & Boogie:** June 24, 2017

MEET THE FOUNDATION BOARD:

Dee Tolles was elected to the Sequoia Hospital Foundation's Board of Directors in 2009 and currently chairs the Board's Strategic Task Force.

Dee is the former Mayor of Menlo Park and a former elected city council member. Dee retired as Senior Vice President and Regional Director of Union Bank of California in Palo Alto, having been with the bank since 1968. Dee has served on the Board of Directors of the Peninsula Center for the Blind, Avenidas, the Menlo Circus Club (including as its President in 1985 and '86), and, in 2006, was the honorary chairman of the 40th Annual Palo Alto Concours d'Elegance. Dee served as a Trustee of Belmont's Notre Dame de Namur University for 12 years, as a board member of the Mounted Patrol of San Mateo County and is currently Chairman of the Patrol Foundation. He is a Director of the National Center for Equine Facilitated Therapy, Trustee and Treasurer of San Mateo County Historical Museum, a Volunteer Deputy Sheriff, and a member of the Mounted Search and Rescue Team. Dee lives with his wife Laura Lou in Menlo Park.

CELEBRATING SUCCESS: BOOT, SCOOT & BOOGIE

The Sequoia Hospital Foundation held its successful Boot, Scoot & Boogie event on April 23rd at Woodside's National Center for Equine Facilitated Therapy (NCEFT). The casual evening, featuring a barbeque, live music and dancing benefited the expansion, redesign and remodel of Sequoia Hospital's Birth Center.

San Francisco 49ers Chief Strategy Officer Paraag Marathe spoke passionately of his own family's experience in the Birth Center, encouraging the 150 assembled guests to support what the readers of Bay Area Parent magazine have voted a Family Favorite Best Birth Center for the past six years in a row. Supporters bid on extraordinary live auction items and one lucky winner walked away with a package that included a jewelry shopping spree at Stephen Silver's Rosewood Sand Hill Boutique valued at more than $5,500.

ANNUAL HEALTHCARE SPONSORS:

Please join us in thanking the following businesses who have stepped forward to pledge their annual support to Sequoia Hospital and the Sequoia Hospital Foundation. To learn more visit *sequoiahospitalfoundation.org/ahs*

SENSIBA SAN FILIPPO LLP

CERTIFIED PUBLIC ACCOUNTANTS AND BUSINESS ADVISORS

BNBT Builders

PATHWAYS *Moving Care Forward*

REDWOOD GENERAL TIRE

Life Is On | SQUARE D™ by Schneider Electric

PLANNED GIVING AT SEQUOIA:

Making your planned gift to Sequoia Hospital today can be a rewarding and meaningful way to contribute to the hospital of tomorrow. You can create a legacy by making a planned gift to the Sequoia Hospital Foundation to support a program of significance to you. Making a planned gift can offer you the opportunity to secure income for you and your family, benefit from current tax incentives and help our Foundation provide for patient care and programs at Sequoia Hospital well into the future. Call us at (650) 367-5657 for information.

OUR GRATITUDE NEWSLETTER:

It is our pleasure to share this quarterly newsletter with you. We invite you to let us know if you would prefer to receive a printed version by mail or an electronic version by email. If, on the other hand, you would prefer NOT to receive our newsletter at all, please feel free to tell us that as well. You may call us at (650) 367-5657 or email us your preference at any time at: *sequoia.foundation@dignityhealth.org*.
Our newsletter is also available on the Foundation's website.

CUT HERE

MAKE A GIFT TO THE SEQUOIA HOSPITAL FOUNDATION TODAY:

Enclosed is my tax-deductible gift of:

☐ $50 ☐ $75 ☐ $100 ☐ $250 ☐ Other $ _____

Please make checks payable to Sequoia Hospital Foundation.
Please mail this form and your donation to 170 Alameda de las Pulgas, Redwood City, CA 94062 or give online at *sequoiahospitalfoundation.org*.

My information:

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Credit card gifts:

Please charge my gift to: ☐ Visa ☐ Mastercard ☐ AmEx Card #: _____

Expiration: _____ CVV: _____ Signature: _____

Designation:

Apply my gift to the following: ☐ Birth Center ☐ Heart & Vascular Institute ☐ Guest House ☐ Cancer ☐ Lab ☐ Emergency ☐ Health & Wellness Center ☐ Medical/Surgical/Orthopedic ☐ Radiology ☐ Kennett Scholarship ☐ Other: _____

My giving options:

☐ I wish to give anonymously. ☐ Please contact me regarding making a planned gift/estate gift.