

Gratitude

CREATING A HEALTHY COMMUNITY. TOGETHER.

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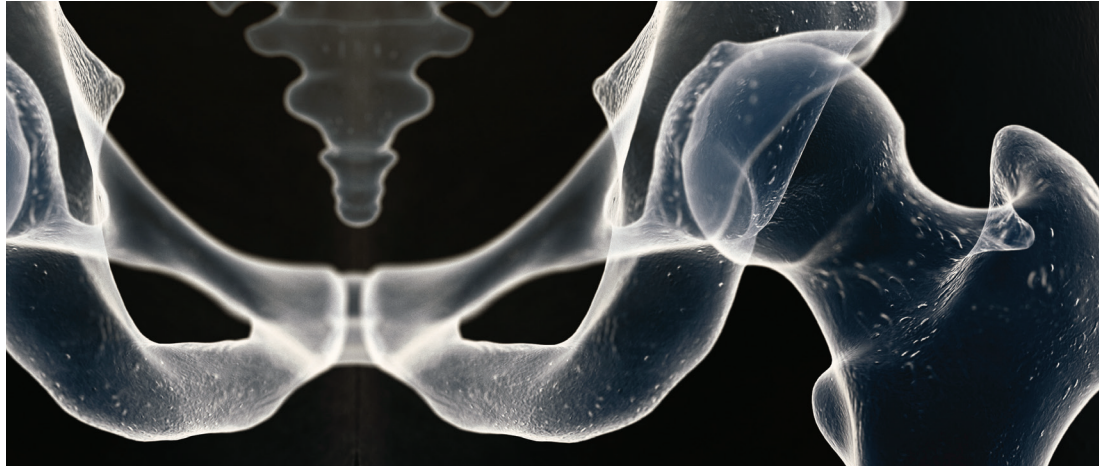
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Bone Density Scanner

Beginning in December 2019, Dignity Health Sequoia Hospital is pleased to begin offering advanced bone density screening through the Women's Diagnostic Center, located adjacent to the main hospital. The Sequoia's new Hologic Horizon DXA system was fully funded by the Sequoia Hospital Foundation with \$67,000 in community donations.

Bone density screening is recommended for women over 55 and safely and accurately measures density as a predictor for osteoporosis and risk of future fracture. Measuring three key spots on the body — lower spine, thigh/hip, and forearm — the non-invasive test takes approximately 20 minutes to perform. After removing metal objects from their pockets, patients can wear their street clothes during the assessment. Exposure to radiation as a result of the test is extremely low. Following the test, a radiologist will review the results and communicate with the patient and/or their doctor, usually within 24 hours. Screening is quick, easy, and painless.



Sequoia Hospital's goal is to enable our area residents to enjoy a safe, active and productive lifestyle. The Sequoia Hospital Foundation is honored to partner with the hospital and our community donors to make this vision a reality.



Welcome from Jennifer Svihus, CFRE

I am honored and excited for the opportunity to serve as president of the Sequoia Hospital Foundation. My experience in philanthropy spans more than 30 years, working mostly for healthcare and higher education organizations. Most recently, I was a philanthropic consultant traveling around the United States working with healthcare organizations. I enjoyed the challenge of each project but missed building relationships and working with a team for a common purpose. I decided to leave philanthropic consulting to return to what I believe is my true calling — working with donors, physicians, caregivers, and families to improve the health of the community. Sequoia Hospital Foundation is proving to be a great fit.

Seventy years ago, nine women identified the need for a hospital to improve the health of Redwood City and the surrounding communities. Today, as I reflect on the original mission of these nine women, Dignity Health Sequoia Hospital continues to grow and provide compassionate, exceptional quality and cost-effective care to residents of the mid-Peninsula and beyond. To make this possible, it takes the generosity of our donors and the strong partnership between the hospital and the Foundation.

Since beginning my role with the Sequoia Hospital Foundation in August, I am amazed by the people that make this hospital so unique. Our tagline is “Hello humankindness,” and I witness this ethos on a daily basis — from the patients I meet in the hallways, to the caregivers in the café, and the donors who have supported the hospital for decades. I look forward to building on the successes of the past to meet the demands for the future. The Foundation’s ability to partner with the hospital to fund innovative programs and provide support for new projects will only be possible with the continued support from the generosity of the community.

I want to thank all of our generous donors for partnering with us to support outstanding healthcare in our community. I welcome the opportunity to meet you and discuss how you want to make a difference. There are many options for supporting Sequoia Hospital Foundation, and I care about your philanthropic goals. Please call me at 650-367-5712 or email me at Jennifer.svihus@dignityhealth.org.

I look forward to hearing from you.

With gratitude,
Jennifer Svihus
President
Sequoia Hospital Foundation

Meet Lisa Brennan, our newest board member



Lisa Allen Brennan joined the Sequoia Hospital Foundation’s Board of Directors in July of 2019.

Lisa was born in San Francisco, raised in Belmont, and is currently living in Atherton with her husband, Jack and daughter, Summer. Lisa has remained close to home attending both College of San Mateo and San Jose State University before going to work at Southern Wine and Spirits in Union City as their Director of Graphics and Marketing from 1993 until 2006. In 2006, she gave birth to her daughter at Dignity Health Sequoia Hospital and became a stay-at-home mother and wife.

In Lisa’s spare time she continues to support local charities and paint for leisure. Lisa and Jack have been major contributors to POPS (Peninsula Outreach Programs) where they, along with Southern Wine and Spirits, have been able to raise over \$2.5 million. Lisa also has been a co-sponsor for one of the Sequoia Hospital Foundation’s events in Atherton, as well as supporter for the past several years.



Help further our mission with the IRA Charitable Rollover

Act Now! If you are 70 ½ or older, avoid taxes on transfers of up to \$100,000 from your IRA while benefiting Dignity Health Sequoia Hospital.

As a reminder, to qualify for the IRA charitable rollover:

- You must be age 70½ or older at the time of the gift.
- You may contribute up to \$100,000, per taxable year, per IRA account holder.
- Transfers for the 2019 taxable year must be completed by December 31, 2019.

To find out if this provision is appropriate for you, contact your financial advisor or IRA custodian today. If you decide to take advantage of the IRA charitable rollover in 2019, please let us know immediately by contacting Sequoia Hospital Foundation at (650) 367-5657 so we can ensure your gift is received, designated, and receipted correctly.

Note that this tax-efficient strategy will benefit you even if you don't itemize your deductions in 2019.

Steven San Filippo Memorial Invitational



The 35th installment of the Sequoia Hospital Foundation's golf tournament took place on September 9, 2019, at the prestigious Sharon Heights Golf and Country Club in Menlo Park. This year's event, newly renamed The Steven San Filippo Memorial Invitational in recognition of our long-time friend, colleague, and board member, raised over \$210,000 in support of Dignity Health Sequoia Hospital's award-winning Heart & Vascular Institute.

Committee Chairs, Dr. Beverly Joyce and Dr. Gregory Engel, welcomed 112 golfers and 70 new and returning sponsors to an exceptional day of golf among friends, colleagues, businesses and community leaders. Nearly 170 guests attended the celebration dinner and listened as Dr. Engel spoke about the future of cardiovascular care at Sequoia, the impact of the Heart and Vascular Institute, and the exciting TAVR procedure coming soon to Sequoia.





Wine and Music

On September 19, 2019, the Sequoia Hospital Foundation's Women's Group held their inaugural event, Wine and Music, to formally launch their activities and to raise critical funds for Dignity Health Sequoia Hospital's award-winning Heart & Vascular Institute.

Cardiac surgeon and Foundation board member, Luis Castro, M.D. and grateful patient Angela McConnell each spoke about the impact and importance of Sequoia's cardiac programs before renowned Italian tenor Pasquale Esposito entertained the evening's 150 guests.

The Foundation would like to thank event co-chairs Marylue Timpson and Sandra Ferrando, auction chair Amalia Popell, and the many committee members, volunteers, and donors who helped make this event a success.

Giving Tuesday is December 3, 2019

Giving Tuesday is a global day of giving, benefiting the organizations that enhance and care for our communities. Please consider a gift to support Dignity Health Sequoia Hospital's mission and programs.



#GIVINGTUESDAY

Our Gratitude Newsletter

It is our pleasure to share this quarterly newsletter with you. We invite you to let us know if you would prefer to receive a printed version by mail or an electronic version by email. If, on the other hand, you would prefer NOT to receive our newsletter at all, please feel free to tell us that as well. You may call us at 650.367.5657 or email us your preference at any time at: sequoia.foundation@dignityhealth.org. Our newsletter is also available on the Foundation's website.

Make a gift to the Sequoia Hospital Foundation Today

Enclosed is my tax-deductible gift of: ☐ \$250 ☐ \$100 ☐ \$75 ☐ \$50 ☐ Other \$ _____

Please make checks payable to **Sequoia Hospital Foundation**. Mail this form and your donation to 170 Alameda de las Pulgas, Redwood City, CA 94062 or give online at sequoiahospitalfoundation.org.

My information: Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Credit card gifts: Please charge my gift to: ☐ Visa ☐ Mastercard ☐ AmEx Card #: _____

Expiration: _____ CVV: _____ Signature: _____

Designation: Apply my gift to the following: ☐ Birth Center ☐ Cancer/Oncology ☐ Emergency ☐ Interventional GI
☐ Guest House ☐ Health & Wellness Center ☐ Heart & Vascular Institute ☐ Kennett Scholarship Fund
☐ Interventional Radiology ☐ Orthopedic ☐ Greatest Need ☐ Other: _____

My giving options: ☐ I wish to give anonymously. ☐ Please contact me regarding making a planned gift/estate gift.

GRFALL2019